



How to be a LIMU LEAN Coach

So you've signed someone up as a brand new LIMU LEANer and you're at a loss for what follows? Chances are, they'll be at a bit of a loss themselves. Here's where you get to step in and assist them towards their success; in essence, you get to help coach them along the way.

With that in mind, a few things we can't help but recommend as your next steps:

1. Call your new LIMU LEAN participant 24-48 hours after he or she has signed on to be part of the system. It's likely they'll have questions and, if that's the case, you can be on hand to help answer them, right from the start.
2. For the next few weeks, keep close contact, calling them once a week at first, then monthly after. This is the way to ensure their success with LIMU LEAN and your success as a business builder! Always, always, always follow up. It's important.
3. Help familiarize your new LIMU LEANer with the LIMU LEAN Start Guide and "90 Days to Lean" handbook. They'll need to understand what it is they're doing, how they're going to do it and why. These will help.

And, if you're going to be a coach, remember:

- You've had to have used the LIMU LEAN system yourself (90 Days or more)
- You're the team leader ... you're the one showing the others how to do it
- Your role is to motivate, inspire and organize
- You don't have to be an expert!
- Encourage others to try the system for at least 90 days or to notice results
- Have access to LIMU LEAN informational pamphlets

Need more help? We're here for you.

Review — LIMU LEAN FAQ

Download — "90 Days to Lean" handbook